

What are the steps?

Level I — The First Call starts with your call to one of our Recovery Resource Centers. A certified ARISE Interventionist will help you begin the process, create an Intervention Network and set up the First Meeting. The process is open and invitational, and the meeting is held regardless of whether or not the substance abuser attends. Secrecy is discouraged.

Level II – Strength in Numbers is a series of one to five meetings if the addicted person has not yet agreed to start treatment. The Intervention Network is guided to develop motivational strategies to counter the substance abuser's denial and resistance. The substance abuser continues to be invited to all meetings. Most substance abusers agree to treatment, but if not willing to participate, the group makes a decision whether to go to Level III.

Level III – Formal Intervention begins when the addicted person still refuses to engage in treatment. The Intervention Network sets limits and consequences for the addictive behavior in loving and supportive ways. Because the substance abuser has been invited to the previous meetings, this final limit setting approach is a natural consequence and does not come as a surprise. The group commits to supporting each other in the implementation of the consequences.



**Recovery
Resource Center**

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Our Professional Staff



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retired Professor of Psychiatry and Family Medicine, is Senior Consultant to Columbia University's International Trauma Studies Program. She directs Recovery Resource Center, Vail Valley/Eagle County. A Senior Fulbright Visiting Scholar, she is President of the International Family Therapy Association (IFTA) and recipient of the American Association of Marriage and Family Therapy (AAMFT)'s Outstanding Contribution to Marriage and Family Therapy. She is a Clinical Member and Approved Supervisor of AAMFT.



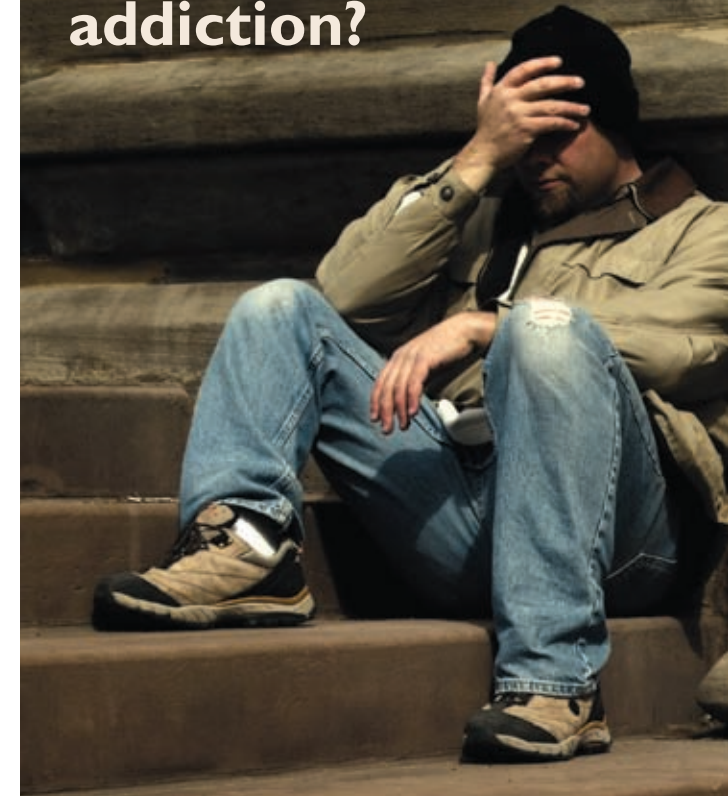
James Garrett
LCSW-R, CAI (BRI II)

is the co-founder of Invitational Intervention: the ARISE Model. James has thirty years of experience in intervention work and has trained more than 1000 individuals in the US and abroad in ARISE. He has co-authored three books and ten journal articles focused on the ARISE Model. He is the Vice President of Linking Human Systems and LINC Foundation and directs Recovery Resource Center in Albany, New York.

For a complete list of Certified ARISE Interventionists, please visit our website.

www.RecoveryResourceCenter.com

Is your loved one struggling with addiction?



There is hope.

Call for an Invitational Intervention

Recovery Resource Center

TOGETHER THERE IS HOPE FOR RECOVERY



Invitational Intervention: The ARISE Method

A three-level, Invitational Intervention designed to work with the concerns of family and others to get a resistant substance abuser started in treatment. The ARISE method protects and enhances the long-term nature of family relationships, while at the same time removing the addiction from controlling the family.

The ARISE method builds a supportive base for you so that the addiction is no longer in control.

ARISE allows you to turn your love and concern into action. Get treatment as early as possible while preserving your committed relationships.

Does your loved one have an addiction problem?

Addiction is a chronic disease, prone to relapse, making all feel helpless. Get recovery back on track now! The briefer the relapse, the likelier is a successful return to recovery. Your loved one needs family and friends to provide the way for recovery. ARISE supports recovery through your strong, open and loving relationships. The family moves into recovery and healing, with or without the addicted individual.

It is never too early to intervene.

You no longer need to get stuck in cycles of frustration, isolation, anger and resentment.

Intervention is the action taken by family, friends, employer and/or concerned others to actively assist someone to change unacceptable behaviors.

Interventions typically address such problems as alcohol and/or substance abuse, eating disorders, internet addiction, sexual addiction and compulsive gambling.

Your loved one, friend or colleague does not have to “hit bottom” to get help.

You do not have to deal with this problem alone.

Do you suspect that your teenage son or daughter has a drug or alcohol problem? Don't wait until it is out of control. Take charge now before it gets any worse. ARISE supports parents, respects the autonomy of adolescents and works towards healthy independence in the leaving home process.

Has a parent, spouse, sibling or adult child had a personality change? Is he/she being secretive and isolating, mishandling money, parenting or legal issues, or handing them to you? Could these changes be drug or alcohol related?

Come together to discuss the problem in an open and caring setting. You can respect the privacy of your loved one while helping address the problem.

You can intervene effectively while strengthening the love and caring you want to maintain in your relationship.

You can help break the cycle of addiction.